



The Rite *Light*

ANCIENT ACCEPTED SCOTTISH RITE OF FREEMASONRY, N.M.J., U.S.A.
VALLEY OF ALBANY, N.Y.

Vol. 13

Winter 1991

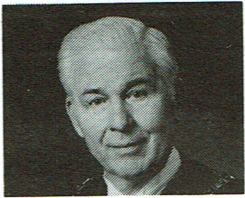
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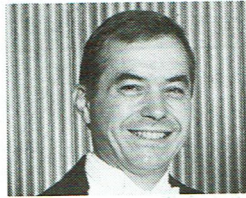
The Officers And Trustees Of The Valleys of Albany and Troy
Extend To All Members And Their Families
Sincere Greetings For A Happy Holiday Season

Allegiance

The Bodies of the Scottish Rite sitting in the Valley of Albany, State of New York, acknowledge and yield Allegiance to the Supreme Council, 33° Ancient Accepted Scottish Rite of Freemasonry for the Northern Masonic Jurisdiction of the United States of America whose Grand East is in Lexington, Massachusetts and whose Officers are:



III. Francis G. Paul, 33°
Sovereign Grand Commander



III. Richard H. Welkley, 33°
Active for Area 4

- III. Julius W. Lodgek, Sr., 33°
Grand Lieutenant Commander
- III. John W. McNaughton, 33°
Grand Minister of State
- III. Carlton A. Winchester, 33°
Deputy for the State of New York
- III. Norman R. Buecker, 33°
Grand Treasurer General
- III. Philip L. Hall, 33°
Grand Secretary General

and whose other Active Members for the State of New York are

- III. Harold F. Dates, 33°
- III. Richard H. Welkley, 33°
- III. Bruce W. Widger, 33°

Active Emeritus Members

- III. Raymond C. Ellis, 33°
- III. John G. Fleck, 33°
- III. Alfred M. Kramer, 33°
- III. James F. Niehoff, 33°
- III. Ralph M. Tompkins, 33°
- III. John H. Van Gorden, 33°

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Life
is a *Family*
AFFAIR

Scottish Rite Masonic Family Life Week

November 24-30, 1991



Put your family
in its place.

Help Stamp Out "NOBODY ASKED ME"

Someone is waiting for you to invite him to become a
Scottish Rite Mason . . . Don't disappoint him.



Blessed are the incumbents,
for they shall inherit their
own mess."

—Joe Hickman in QUOTE

A consultant is someone
you pay a lot of money to
borrow your watch and tell
you what time it is.



Comments From The Commander-In-Chief

Alan C. Lewis, 32°

Dear Sublime Princes:

The 1991-92 Scottish Rite year is off to a great start. Those who participated in the Officer's Training Seminar on September 14th found the program quite worthwhile. This was the beginning of an Officer's Training Program for the Valley of Albany - a program we hope to expand and improve in the future.

As I write these comments, we are all looking forward to the Special Reunion in Lake Placid on October 5th - with over 35 candidates expected to take the degrees. During October we will also participate in the Testimonial Dinners for Ill. Richard Cesare, 33°, Warren Moessner, MSA, and Russell Slingerland, MSA, as well as our regular Reunion on October 19th, the annual Area Four meeting, and of course our regularly scheduled meetings. Who says October is a "slow" month?

Our Valleys were honored during the Supreme Council session by the selection of Ill. Richard Welkley, 33° as an Active member of the Supreme Council. He has jurisdiction over the Valleys of Albany, Troy, Schenectady and White Plains. A Testimonial Dinner will be held in his

honor on February 28th. We congratulate you Ill. Brother Welkley on your selection for this high honor.

The last issue of the RITE LITE included a listing of the members who contributed to the Supreme Council Charities during the past year. If you counted the numbers of contributors, as I did, you would realize that only about 20 percent of our members participated in this great cause. I urge each of you to participate - the amount you give to our Charities is not as important as the fact that you did give. This year, why don't you join us and make a contribution to the Supreme Council Charities.

Scottish Rite Masons Family Life Week is November 24-30, with the theme "Life Is A Family Affair". This is the time when we in Scottish Rite put a special emphasis on the family. In the Valley of Albany we sponsor a Poster Contest in one of the Albany public schools. These posters will be displayed at the February Lodge of Perfection meeting. Members in the Valley of Troy will prepare meals for Joseph's House on November 30th.

One of the goals for this year is to increase the number of members who participate in the activities of our Valleys. You have received the schedules of activities. Please attend those that you can. Remember, we can always use help at the Reunions. Let us know if you would like to have a part in one or more of the degrees, eg. a speaking part or a walk-on part, or if you would like to help the custodian set up the degree, or help with the noon dinner (serve or clean-up).

Our Ladies Night this year will be held on Friday, December 6th

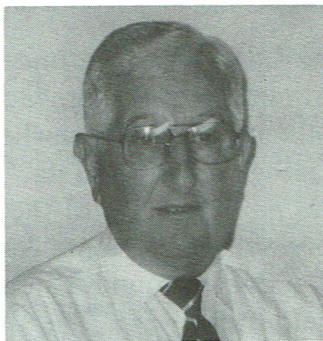
at the Century House under the chairmanship of William Iacocca. Details are printed elsewhere in this issue of the Rite Lite.

The next meeting of the Consistory will be held on January 23rd. A Beef Burgundy Dinner will be held at 6:49 pm at a cost of \$5.00. The program after the meeting will be an FBI Agent from the local Albany office who will speak to us about "The FBI Today".

HOW LONG

As we know, every Masonic affiliated Body owes its existence to the Masonic (Blue) Lodge. Without the Blue Lodge there would be no York Rite, no Scottish Rite, no Shrine, no Eastern Star, Beauceant, Amaranth, White Shrine, Job's Daughters nor any other Masonic affiliated body. We are all striving for members. It's not more members that we need, but more Masons. A few years ago the Masons were the "pillars" of the community - men of integrity - business and professional men. Men who would leave their own business to serve a need in the community, men in whom you could trust the welfare of your wife and family when you were gone - men you found in Lodge on Lodge nights and in Church on Sunday. What happened? All Masons knelt at an altar and took some very solemn vows. Did those vows mean anything, or were they just idle words? You ask what happened to Masonry? Honest and truthfully, answer the following questions, grade yourself and then ask what is wrong with Masonry?

1. How long has it been since I attended a Lodge meeting?
2. How long since I took part in the work?
3. How long since I participated in any sort of activities?
4. How long since I called on a sick or distressed Brother?
5. How long since I attended a Masonic Funeral?
6. How long since I told someone how much I enjoyed last night's meeting?
7. How well am I acquainted with the (Lodge) officers?
8. Have I told my Wife and family what an honor it is to belong to the Fraternity?
9. What would Masonry be like if everyone did just as I do?



Message From The Most Wise Master

Albert Washburn

Dear Perfect Knights;

The Albany Sovereign Chapter of Rose Croix has selected, "Youth" as it's theme for the 1991-1992 year. We will do well to look to our young people, indeed, all Masonry will do well to look there for it's future.

In keeping with that thought, "youth" will be emphasized at our meetings on November 21, 1991 and on January 16, 1992. On November 21st we will feature "Camp Turk" and on January 16th — A program on Drug Use prevention — More on this later.

It has often been said "Camp Turk" is the best secret in all Masonry, and it is most surprising to learn how many of our members have never visited this "Crown Jewel" of New York State Masons. Even more disquieting is to learn some of our brothers have never heard of it's existence.

Beautiful Camp Turk is nestled entirely within the boundaries of the New York State Adirondack Park, approximately 35 miles north of Utica, NY, off Rte. 28 at Woodgate NY. It was acquired nearly 70 years ago for use as a summer camp for our Masonic orphans of the Masonic Home in Utica. It is now used as a summer camp for children sent there by

Masonic Lodges. It consists of approximately 1600 acres of land with it's own private lake (Round Lake). There are some 25 well appointed buildings on the grounds with inter-com telephones connecting all of them. Among them is the lovely cobble stone Sarah Hill Wiley chapel standing just a few feet from Round Lake. It is well worth a trip to the Camp just to visit that most beautiful House of Worship. Why not plan to be there on Grand Master's Day, next summer?

During the summer of 1991 more than 300 boys and girls were accommodated at "Camp Turk" where a professional staff supervised all of their activities. The boys and girls, aged 12 - 17 participated in all sorts of water sports, athletic field events, arts & crafts, computer training, field trips, drama, overnight camping, cookouts and much, much more.

Perfect Knights, you will hear and see much more about Camp Turk at our November 21st meeting and learn of the special efforts and attention being given to our "Youth" — Our Future.

LIFT HIGH THE TORCH OF FREEMASONRY

Let's be open and honest with each other. Isn't this the way it should always be among Brother Masons? And when we are straightforward and candid, we have to admit there are times when we have some doubts about the money we donate to charity - including Masonic charities. Is it really needed? Does it help the people who deserve the assistance? At one time or another, we've all felt this way.

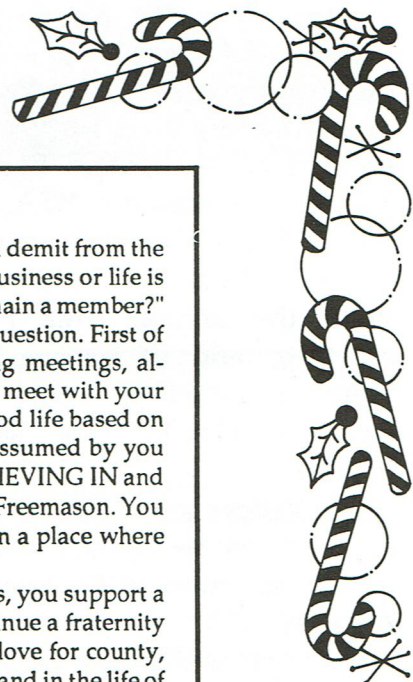
As Scottish Rite Masons, we are all familiar with the annual Blue Envelope Appeal that takes place in the fall of each year. It comes from my office at Supreme Council Headquarters and donations to the Blue Envelope Appeal support Supreme Council Charities.

I am sure many of our members say to themselves when they receive the Blue Envelope Appeal mailing, "No one will ever miss my contribution. Besides, there are more than enough worthy causes right here at home." I'm sure some of you will think that I have been reading your minds! Isn't this what we've all said at one time or another?

At this point, you probably expect me to make some comment about "every gift being important no matter how big or small." Well, I assure you that every gift is important and your willingness to give is far more important than the amount of the gift.

But since we are being honest with each other, let me just say that you will miss a great opportunity by not giving to the Blue Envelope Appeal. The programs and services it supports are a great, bright, burning torch for Freemasonry all across this land.

When you and I give to the Blue Envelope Appeal, we are not just "helping" with the work of the three Supreme Council Charities. We are doing that, of course. But, at another level, we are actually communicating the message of Freemasonry to those who may never have heard of our Fraternity and those who have a less than accurate picture of Masons and what Masonry stands for today.



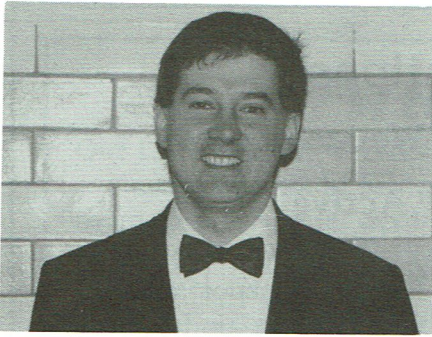
"DEMIT?"

So many times we hear the remark: "I want a demit from the Scottish Rite. I cannot attend meetings. My business or life is such that I cannot be active. Why should I remain a member?"

There are some very good answers to that question. First of all, being a Freemason is not only attending meetings, although, it provides an opportunity for you to meet with your Brethren. Bring a Freemason is LIVING a good life based on Masonic principles, and living up to vows assumed by you during the conferral of our degrees. It is BELIEVING IN and PRACTICING those beliefs that make you a Freemason. You continue to be a Freemason even if you are in a place where there are NO Masonic Lodges!

When you continue to pay your annual dues, you support a CAUSE that you believe in. You help to continue a fraternity of free men who believe in moral character, love for county, and the practice of tenets in the life of a man - and in the life of a nation. It is important to remember that you help to build a heritage for those who come after you. Your annual dues and continued membership is a small contribution to pay to share in so great a cause.

STAY IN THE RITE!



A Word From The Thrice Potent Master

James M. Fuller

Dear Respectable Brothers,

I enjoyed the very scenic trip October 5 to the Lake Placid Reunion. It was good to see our new class of 34 members.

A couple of meetings have gone by and I received a brand-new hat and found out that there are at least two or three events happening the same night as our meeting - the 1st Thursday each month.

Following is a list of major meetings scheduled for the year:

The Poster Contest is in progress.
- Chairman: James L. Fuller & Richard A. Fuller

The 5th Annual Sportsmen Dinner is February 6, 1992 - Chairman: James L. Fuller

Strawberry Social - April 2, 1992 - Thursday evening.

Chairman: Jule A. Fuller

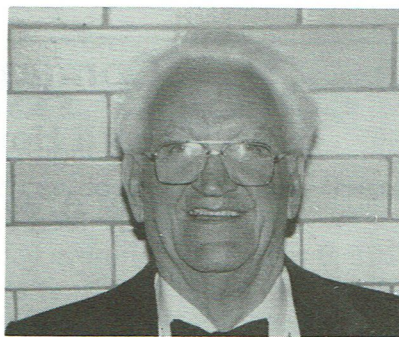
Starting 6:00 PM - 9:00 PM

Open to Public - Come & Go
Albany Masonic Temple Banquet Room

Strawberry Dessert and Beverage \$3.50. Short Program —

Renew the Old you! Make a New You! There will be many raffles (no money). Ladies, bring something for our raffle.

And, you will sing! (1 song)



News From The Sovereign Prince

Harold J. Clark

When you get this news our first meeting will have been history.

I spent the month of September in the hospital for some body maintenance, and now a little recuperation is in order.

For those of you who attended the meeting and dinner with your ladies, it was a pleasure to serve you.

There will be two more free Dinner Meetings in 1992 put on by the Sovereign Prince including a 20 minute Slide Show on Construction of the South Mall Project from beginning to end.

All dinners and programs are free. Your ladies are invited.

(Give them a break they won't have to cook those nights.)

I urge you to support as many Masonic functions that are coming up - not only for the meetings, but for the fellowship that they create.

As our Albany District Deputy and Staff Officer have great plans for the "A" Team, if you do not participate you are the loser.

Many new candidates are being raised for the second year in a row. A record number in many years, remember these Blue Lodge Brothers are your prospects for Scottish Rite.

ALL I NEEDED TO KNOW

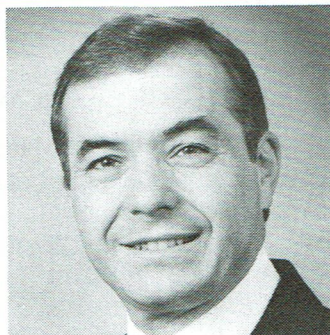
All I ever needed to know, I learned in Kindergarten. Wisdom was not at the top of the graduate school mountain, but there in the sandbox at nursery school. These are things I learned: *Share everything. Play fair. Don't hit people. Put things back where you found them. Clean up your own mess. Don't take things that aren't yours. Say you're sorry when you hurt somebody. Wash your hands before you eat. Warm cookies and milk are good for you. Live a balanced life. Learn some and think some and draw and paint and sing and dance and play and work every day some. Take a nap every afternoon. When you go out into the world, watch for traffic, hold hands and stick together. Be aware of wonder. Remember the little seed in the plastic cup. The roots go down and the plant goes up and nobody really knows how or why, but we are all like that. Goldfish and hamsters and white mice and even the little seed in the plastic cup - they all die. So do we. And then remember the book about Dick and Jane and the first word you learned, the biggest word of all: LOOK. Everything you need to know is in there somewhere. The Golden Rule and love and basic sanitation. Ecology and politics and sane living.*

Think of what a better world it would be if we all - the whole world - had cookies and milk about 3 o'clock every afternoon and then lay down with our blankets for a nap. Or if we had a basic policy in our nation and other nations to always put things back where we found them and cleaned up our own messes. And it is still true, no matter how old you are, when you go out into the world, it is best to hold hands and stick together.

By ROBERT FULGHUM

"A GOOD DRESSING DOWN":

Today, receiving a good dressing down would be done by a criticizing tongue. In butchering terms it means cutting up a carcass into small pieces. Either way, the cut creates the same result.



Congratulations

III.: Richard Howard Welkley, 33°

New Area Four Active

RICHARD HOWARD WELKLEY was born in Rochester, New York, on October 23, 1937 to Howard and Mildred (Keyes) Welkley. Mr. Welkley and his wife Arlene, have 5 children. He is graduated from Fairport (N.Y.) Central School (1955), Nyack College (B.S. 1960), and McGill University (B.D. 1969). He was ordained Deacon (1967) and Elder (1969) in Troy Annual Conference of The United Methodist Church.

Rev. Welkley has served pastorates in Warrensburg, N.Y. (1961-1964) a Christian and Missionary Alliance Church; and at Mooers (Mooers Forks, Sciota) N.Y. circuit (1964-1970); Christ Church Glens Falls, N.Y. as Associate Pastor (1970-1972); Eagle Mills (Troy), N.Y. (1972-1979); Lansingburgh (Troy), N.Y. (1979-present). All are United Methodist churches. He also worked as a Child Welfare Case worker for Warren County (1962-1964) while serving the Warrensburg church.

Rev. Welkley has served Troy Conference in many capacities on Boards and Agencies including Chairman of Archives and History, Chairman of Committee on Camps and Conferences, Chairman of Camp Personnel Committee, Registrar for Local Pastors on the Conference Board of the Ordained Ministry. He has served as Director, Dean, and Counselor of Junior High and Senior High camps annually since 1964, and acted as Advisor to the local church Youth Fellowship from college days to the present. Presently Rev. Welkley is Chairman of the Embury District Committee on Ordained Ministry (since 1983), and co-chairperson of the newly created Troy Conference Task Force on Alcohol and Drug Abuse. He has exchanged pulpits with British Methodist clergy in 1977 and 1984. He has served on ecumenical bodies in every community

he has pastored, and as a member of the New York State Council Of Churches Higher Education Committee (1982-1985). He is founder and President of the Lansingburgh Clergy Association, and founder and still a member of the Troy Area United Ministries committee on Chaplaincy.

Bro. Welkley was raised a Free and Accepted Mason in Champlain (N.Y.) Lodge #237 in 1965. Demitting to King Solomon's Primitive Lodge #91 (Troy, N.Y.) in 1975 he served in several offices of the lodge and was elected Master in 1981. He received an appointment as Grand Chaplain of the Grand Lodge of Free and Accepted Masons in the State of New York in 1983, and has been reappointed annually since. Bro. Welkley joined Scottish Rite Valley of Troy and Albany Consistory in 1976 and was coronated 33° in 1987 in the city of Boston. He served the Troy Delta Bodies as Most Wise Master in 1982 and as Thrice Potent Master in 1988. Presently he serves a Chaplain and the President of the Executive Committee of the Valley of Troy. He is the director of the 20° and 32° for the Consistory of Albany, and plays roles in the 14°, 16°, and 17°. Bro. Welkley is the Chairman of the Membership Development Committee for the New York State Council of Deliberation. He is a member of Oriental Shrine Temple and the Troy Shrine Club, and of the Royal Order of Scotland. He served as President (1981) of the Rensselaer/Schenectady District Masters and Wardens Association, and Secretary of the Association in 1979. He is a life member of the Capital District Masonic Association and honorary member of Evening Star Lodge #75 (Latham, N.Y.). He was actively involved in the planning of the Bicentennial Ceremonies for the Grand Lodge of the State of New York in 1981; and he preached at the

Grand Line's visit to Fort Ticonderoga and at the Sunday Worship of the special session of Grand Lodge in Albany, N.Y. Rev. Welkley was invited to preach at Sunday Worship at Utica St. Johns Weekend in 1986. He has officiated Communion Breakfast for Evening Star Lodge #75 annually since 1981, and for Lansingburgh's Phoenix #58 and Jerusalem #355 lodges on a semiannual basis.

Mr. Welkley has worked in many areas of community service: Boy Scouts (organized troops, Cubmaster, Troop Committee Chairman, presently Merit Badge Counselor); American Cancer Society (2 year member of the New York State Division, and past president of the Rensselaer County Unit); Eagle Mills Volunteer Fire Co. and Rescue Squad (secretary 6 years, Emergency Medical Technician 5 years); member of Brunswick Youth and Recreation Commission (3 years); member Brittonkill Central School Board of Education 2 years (First Vice President 1 year); member Rensselaer County Community Services Board 12 years (President 7 years); member Rensselaer County Alcoholism and Drug Abuse Program Board 12 years (Secretary 2 years). In 1988 Rev. Welkley was invited to serve on the Board of Directors of PAHL FACILITIES, INC. (a drug and alcohol treatment program for youth) and now serves as Vice President and Chairman of the Nominations Committee. He is appointed to the Rensselaer County Legislature's Criminal Justice Advisory Committee (2 years). Mr. Welkley is a charter member (1983) of the Lansingburgh Kiwanis Club (member of the executive committee in its first year).

The Rite Light congratulates III.: Richard Welkley and wishes he and his lovely wife, Arlene, great success.

Annual Ladies' Night

Our Ladies! What would we do without them?

Maybe, we should ask what we can do for them. But, there IS one thing we CAN DO — bring them to our Annual Scottish Rite Ladies' Night!

This year it will be held on Friday evening, December 6, 1991. And, once again, it will be at the Century House, Route 9, 1¼ miles north of the Latham Circle. We've always had a bang-up time at this affair, and this year should be no different. What, with an attitude adjustment hour before a full course dinner, followed by your favorite music and dancing to the melodious tunes of Tommy Rhodes everyone should enjoy themselves.

The Social Hour, with complimentary hors d'oeuvres, will be from seven o'clock until eight. Your choice of Stuffed Breast of Chicken, Club Steak, or Stuffed Filet of Sole at a cost of \$22.00 per person, will be served at eight o'clock sharp.

For RESERVATIONS, please use the form below and mail it with your check (payable to A.A.S.R.) to Bill Iacocca. Specify your choice of entree and, if you have a preference as to who you would like to sit with, so indicate in the space provided.

So, Scottish Ritters, tell your best gal to get all gussied up, because you're taking her out for a great evening!

We'll See You There!

Early Reservations being taken for Annual Ladies' Night December 6, 1991

RESERVATION FORM Annual Scottish Rite Ladies' Night

Name (Please Print): _____ Telephone # _____

Title: ☐ Illustrious ☐ M.S.A. ☐ 32° ☐ Other (Check one)

Number of Reservations Requested: _____ at \$22.00 per person. Enclosed: \$ _____

Choice of Entree: ☐ Chicken ☐ Club Steak ☐ Fillet of Sole (Check one for each person)

Please Seat Us (Me) With: _____

Make check payable to A.A.S.R. and mail to: William V. Iacocca, 20 Dover Drive, Latham, New York 12110
Telephone: 785-6520

Signature



N E W S

Supreme Council, 33° Ancient Accepted Scottish Rite N.M.J.
P.O. Box 519 Lexington, MA 02173

VALLEY OF ALBANY SUPPORTS 1991-1992 SUPREME COUNCIL CHARITIES' BLUE ENVELOPE APPEAL

Members of the Valley of Albany share in the work of the Scottish Rite Supreme Council Charities through the annual Blue Envelope Appeal.

Each fall the members of the Valley can extend their hands in support of the major charitable activities of the Supreme Council.

The Blue Envelope Appeal supports the Scottish Rite Schizophrenia Research Program, the Abbott Scottish Rite Scholarships, and the Scottish Rite Masonic Museum of Our National Heritage in Lexington, Massachusetts.

Although it is important for us to help with Masonic charities here at home, we also have a responsibility to support the work of our Supreme Council.

The Scottish Rite has been involved with making grants to scientists and medical researchers for almost sixty years in an effort to unravel the mysteries of mental illness. Thanks to our financial support, immense progress has been made in better understanding the causes of schizophrenia.

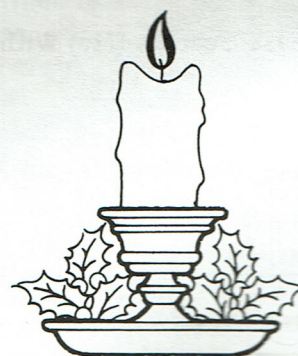
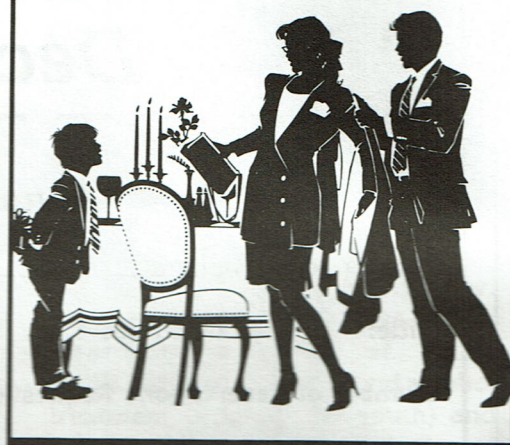
Deserving young people from Masonic families are receiving help in furthering their educational and career goals through the Supreme Council's Abbott Scottish Rite Scholarships. We can be proud of the contributions we are making to so many fine young people.

For more than fifteen years, the Scottish Rite Masonic Museum of Our National Heritage in Lexington, Massachusetts, has been a focal point in communicating the meaning and message of freedom and liberty through its programs, exhibits and activities. Throughout the year, thousands and thousands of visitors benefit from this institution sponsored by the Scottish Rite.

It all happens because of our participation in the annual Blue Envelope Appeal for Supreme Council Charities. Hopefully each member of the Valley of Albany will want to participate in this year's appeal. Members will soon be receiving the 1991-1992 Blue Envelope mailing.



Take time out
for your family
today.





Happy Hanukka

Hanukka-The Feast of Lights-which our Jewish brethren celebrate beginning the night of December 2nd is an eight-day festival marking the first recorded battle for religious liberty.

Our brethren light candles on eight nights in succession to commemorate the religious and historical significance of the holiday. Each night an additional candle is lit and on each night, each child is given a gift to mark the holiday. Lights are lit throughout the house as well, and the entire period partakes of a thanksgiving for Israel's deliverance from danger.



**Supreme Council Charities'
Blue Envelope Appeal**



Thanksgiving

*It may be I am getting old and like too much to dwell
Upon the days of bygone years, the days I loved so well;
But thinking of them now, I wish somehow that I could know
A simple old Thanksgiving Day, like those of long ago
When all the family gathered round a table richly spread,
With little Jamie at the foot and grandpa at the head,
The youngest of us all to greet the oldest with a smile,
With mother running in and out and laughing all the while.*

*It may be I'm old-fashioned, but it seems to me today
We're too much bent on having fun to take the time to pray;
Each little family grows up with fashions of its own;
It lives within a world itself and wants to be alone.
It has its special pleasures, its circle, too, of friends;
There are no get-together days; each one his journey wends,
Pursuing what he likes the best in his particular way,
Letting others do the same upon Thanksgiving Day.*

*I like the olden way the best, when relatives were glad
To meet the way they used to do when I was but a lad;
The old home was a rendezvous for all our kith and kin,
And whether living far or near they all came trooping in
With shouts of "Hello, daddy!" as they fairly stormed the place
And made a rush for mother, who would stop to wipe her face
Upon her gingham apron before she kissed them all,
Hugging them proudly to her breast, the grownups and the small.*

*Then laughter rang throughout the home, and, Oh, the jokes they told;
From Boston, Frank brought new ones, but father sprang the old.
All afternoon we chatted, telling what we hoped to do,
The struggles we were making and the hardships we'd gone through;
We gathered round the fireside. How fast the hours would fly —
It seemed before we'd settled down 'twas time to say goodbye.
Those were the glad Thanksgivings, the old-time, families knew
When relatives could still be friends and every heart was true. — EDGAR GUEST*

There is no evidence that the tongue is connected to the brain.

An optimist is a father who will let his son take the new car on a date. A pessimist is one who won't. A cynic is one who did.

There is no speed limit on the pursuit of excellence.



1



LOCAL MASONIC LEADERS RECEIVE 33° IN INDIANAPOLIS

The highest honor of Scottish Rite Freemasonry was conferred on this group of local area Freemasons on Tuesday, September 24, 1991, in the Circle Theatre. The degree conferral climaxed the yearly meeting of the Supreme Council of Scottish Rite for the Fifteen northeastern and midwestern states, comprising the 400,000 member Northern Jurisdiction of the United States. A total of 152 received the degree in the 1991 Class. The Thirty-third Degree is awarded for "outstanding service to Freemasonry or for significant contributions to humanity, reflecting credit upon the Fraternity."

Left to right:

Richard P. Thomas, 66 Nottingham Court, Manhasset Hills 11040

William J. Erk, 3 Church Drive, Central Islip 11722

Arnold A. Berman, 110 Ramona Court, New Rochelle 10804

Richard F. Cesare, 13 Arcadia Avenue, Latham 12110

ELECTED TO RECEIVE THE 33° AT CHICAGO, ILLINOIS ON SEPTEMBER 29, 1992

NEW YORK

Roderick P. Burris, Mtd. Route, New Floyd Road, Rome, Retired Automobile Salesman

Isaac W. Gasnick, 8721 Bay Parkway, Brooklyn, Hardware Merchant

Edward R. Trosin, 1 Elmwood Park West, Tonawanda, Manager - Computer Services - Bell Aerospace

Courtland M. Andrew, 177 Corlaer Avenue, Schenectady, Funeral Director

Larry E. Foster, 167 Selborne Chase, Fairport, Manager - Marketing Department, Xerox

Benjamin A. Gillman, P.O. Box 443, Middletown, U.S. House of Representatives

Textron

Help Us Replace Our Costumes

Send Your Contribution Today

To: Richard G. Barrell, Secretary
AASR, Valley of Albany
Masonic Temple
67 Corning Place
Albany, NY 12207

Make checks payable to "AASR, Valley of Albany" and note "Costume Replacement" in lower left corner of check.

Rubes®

By Leigh Rubin



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Quite suddenly and without warning,
Herb fell victim to the old adage,
"If you don't use it, you lose it."

EVERYDAY LAUGHS

A woman who had been married only a few weeks called the newspaper's food editor.

"Would you please help me?" she asked. "My husband's mother and father are coming to a special dinner tomorrow night. It's in honor of my husband's boss and his wife. I've never cooked a big dinner before and I want everything to be perfect. So I bought a nine-pound turkey at the supermarket and I'm going to cook it in our new microwave oven. I wonder if you can tell me how long I should cook it."

"Just a minute," the food editor said as he turned to check in his reference book. He put the phone down so quickly, he never heard the young bride say, "Oh, thank you so much. You've been such a big help," as she hung up.

SUNSHINE MAGAZINE



Fall Foliage Harbors Poisonous Plants

If you love to hear the crunch of colorful fall leaves underfoot, look before you step. Poison oak and poison ivy join in the fall festivities, too, and may be hard to spot among all the vivid colors.

Stay on well-travelled paths when walking in the splendor of autumn woods. If you do brush against poisonous plants, or your dog roams through them, wash any exposed parts immediately with soap and water. Too late? Itching and swelling may be relieved with over-the-counter lotions. If they don't help, consult a physician.

Aspirin+Alcohol+Food=Double the Effect

Alcohol usually is absorbed into the blood less quickly when the drinker has a full stomach. However, the addition of just two extra-strength aspirin is enough to sabotage this effect, claim researchers at the Veterans Administration Medical Center and the Mount Sinai Medical School in the Bronx. The result: two drinks could be as powerful as four.

Aspirin isn't the only medication that has such a dramatic impact on how the well-fed body handles alcohol. Two anti-ulcer medications—cimetidine and ranitidine—also result in increased alcohol blood levels. Aspirin on an empty stomach, on the other hand, seems to make no difference. **THINK** before you **DRINK**.

Button Up Those Batteries

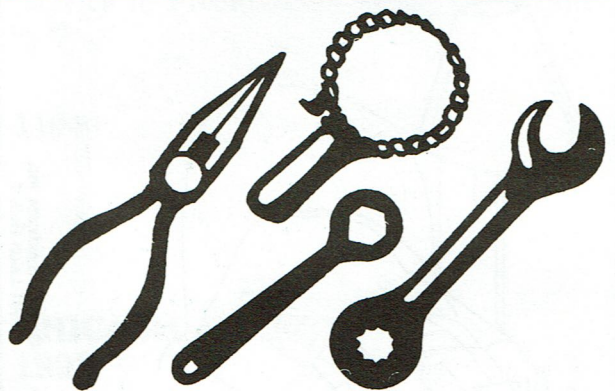
Watches, cameras, calculators, hearing aids—they all run on those tiny button-shaped batteries. Without these miniature power sources, such handy items would be far bulkier.

When button batteries die, dispose of them carefully to make sure that young children don't ingest them or poke them into their ears or noses. The National Safety Council reports that more than 1,500 cases of this type are reported each year. If such an emergency occurs, call a physician, poison control center, or the National Button Battery Ingestion Hotline at 202-625-3333.

Avoid a Wrenching Injury

The best wrench for the job is always the safest wrench. Interstate Nationalease, Albany, Georgia, offers these wrench-wise tips:

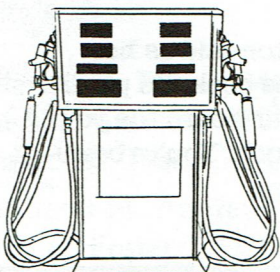
1. Choose a box or socket wrench—they're far less likely to slip than an adjustable wrench or a pair of pliers.
2. Pick the perfect fit. If you put an oversized wrench on a nut, it's likely to slip. Don't even think about using a piece of pipe to improve a short handle's leverage! Wrenches aren't designed to do the job of a hammer or pry bar.
3. If a nut or bolt is frozen, apply penetrating oil. Use a striking face box wrench and a hammer to free it.



Gasoline by the Can

Outdoor engines on snowmobiles, snow throwers, and lawn mowers all are refueled from gasoline containers. This fuel, intended for engines only, can ignite easily when carelessly used or stored—and with explosive results. Follow these safety precautions from the Shriners Burns Institutes:

- Leave two inches of space at the top of the gas can to allow room for gas to expand as it warms up.
- Use gasoline only for engines. Never use it to clean hands, remove paint or grease, or to start fires.



- Refuel engines outdoors so vapors can escape. Wait for the engine to cool before refueling.
- Store any leftover gasoline in an approved container, in a well-ventilated area, far away from any source that might ignite the gas.